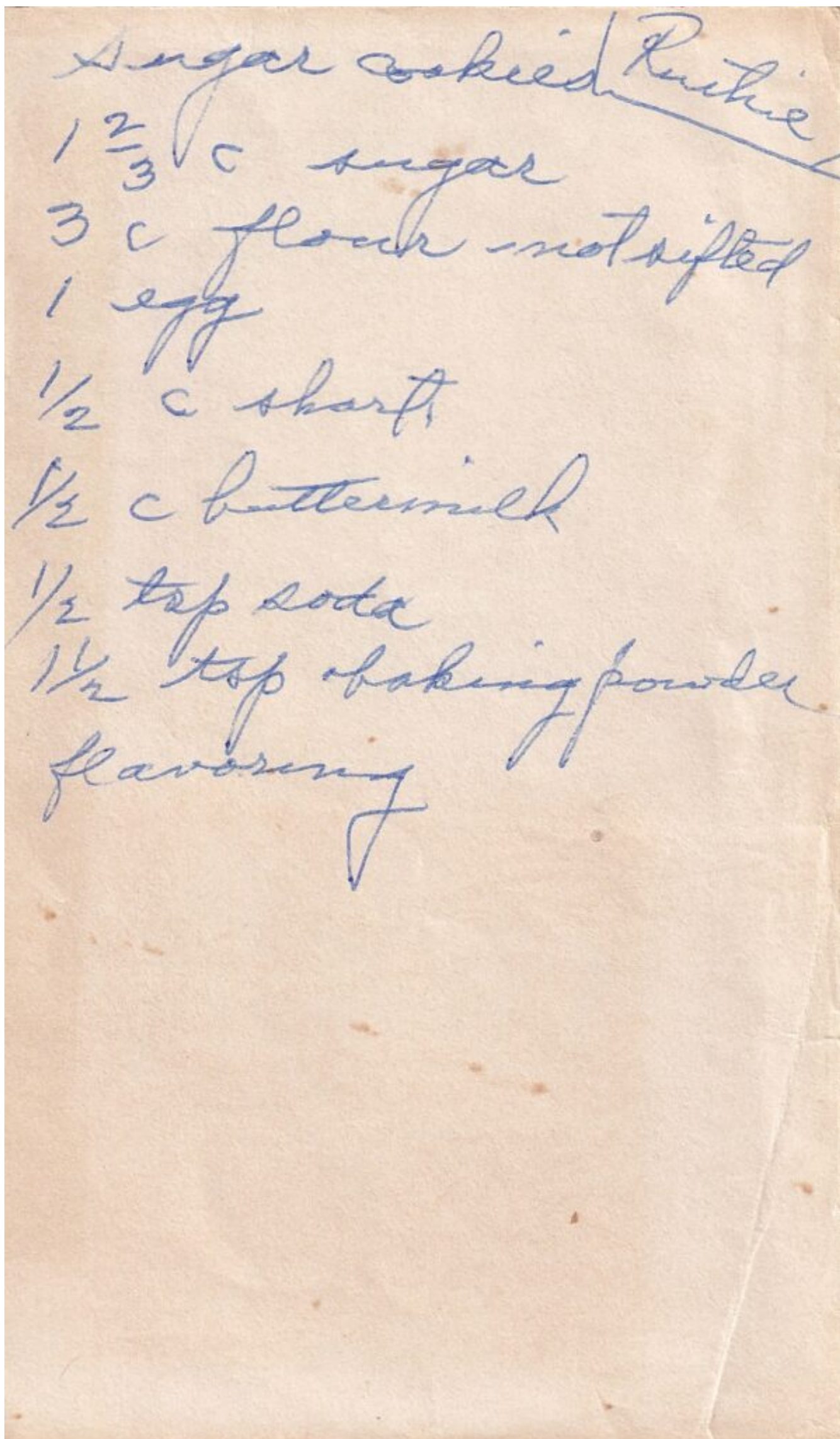


## Ruthie's Sugar Cookies

Ruthie's Sugar Cookies is a simple handwritten recipe made with shortening and buttermilk, with nutmeg adding a little extra flavor. The well-used card offers only the ingredients and leaves the mixing, shaping and baking to a cook who already knew what to do.



1 & 2/3 cup sugar  
3 cup flour – not sifted  
1 egg  
1/2 cup shortening  
1/2 cup buttermilk  
1/2 tsp baking soda  
1 & 1/2 tsp of baking powder  
flavoring